

25th Annual SYMPOSIUM on NATURAL FITNESS and SPORTS March 2-4, 2017 in Columbus, OH

PRESENTED BY

International Chiropractors Association Council on Fitness & Sports Health Science

20.5-Hour Continuing Education Program Co-Sponsored by Life Chiropractic College West

THURSDAY, March 2, 2017 (5 H)

Registrants check-in 2:00-3:00

3:00 – 5:00

(2.0 H educational session)

John Downes, D.C.

Clinical Management, Risk Management, Documentation & Ethics for Athletic Issues In the Office and On the Field

5:15 – 6:15

(1.0 H educational session)

John Downes, D.C. (With Athletic Guest TBD)

Chiropractic Crossroads with Case Management & Conditioning in Competitive Sports

6:15 – 7:00

REFRESHMENT BREAK WITH THE EXHIBITORS

7:00 – 9:00

(2.0 H educational session)

Peter A. Gratale, D.C.

Innate Power Protocols: Strength & Stability through Focused Breathing, Directed Movement

FRIDAY, March 3, 2017 (8 H)

7:00 CONTINENTAL BREAKFAST WITH THE EXHIBITORS

8:00 – 10:00

(2.0 H educational session)

Dan Murphy, D.C.

Key Elements of Soft Tissue Injury & Repair, Post-Trauma Healing & Chiropractic Management

10:00 – 10:30

MORNING REFRESHMENT BREAK WITH THE EXHIBITORS

10:30-12:30

(2.0 H educational session)

Todd McDougle, D.C. (With Strongman Guest TBD)

Advances in Customizing Chiropractic Management for Multiple Sports: Thoracic Region Issues and Solutions for Power, Injury Management, Stability & Flexibility

12:30 – 1:30

BUFFET LUNCH with the EXHIBITORS (Special Speaker Presentation)

1:30 – 3:30

(2.0 H educational session)

Frederick R. Carrick, D.C., Ph.D.

Sports Implications and Applications in Chiropractic, Neuroanatomy and Neurophysiology

3:30 – 4:00

AFTERNOON BREAK WITH THE EXHIBITORS

4:00 – 6:00

(2.0 H educational session)

Ken Kinakin, D.C. (With athletic champion guest TBD)

Assessment, Prevention and Management with Bodybuilding and Fitness Training Injuries

7:00 PM Battelle Grand/Gr. Col. Cnv. Ctr: VIP at Arnold Classic 212, Fitness & Figure Internat'l, Pole Fitness Nat'l Championship

SATURDAY, March 4, 2017 (7.5 H)

7:00 CONTINENTAL BREAKFAST WITH THE EXHIBITORS

8:00 – 10:00*

(2.0 H educational session)

Peter A. Gratale, DC (with Lee Haney)

Strategies in Strength/Endurance Training for Chiropractic and Fitness Protocols
(followed by session break/photos)*

BREAK WITH EXHIBITORS AFTER PHOTOS *(Program Scheduling Includes Time for Arnold Schwarzenegger Presentation & Photo Session)

11:00 – 1:00*

(2.0 H educational session)

Jack Barnathan, D.C. (with “Round Table of Champions”)

Advances in Exercise Conditioning and Chiropractic with Strength/Endurance Training

1:00 – 1:30*

LUNCH/REFRESHMENT BREAK WITH THE EXHIBITORS

1:30 – 3:30*

(2.0 H educational session)

Jack Barnathan, D.C. (with Ken Podziba)

The New Age of Fitness: Public Health, Chiropractic and Community Initiatives

3:30 – 5:00*

(1.5 H educational session)

Jack Barnathan, D.C. (with Debbie Darnell and special guests)

Posture, Power, and Proprioception: Yoga for Sports Chiropractic and More

*** Scheduled class times posted are provisional and dependent on time involved to address security concerns and for Gov. Schwarzenegger's presentation and participation in Photo Session**

***** **SYMPOSIUM ACADEMIC PROGRAM CONCLUDES** *****