



**COUNCIL ON  
FITNESS &  
SPORTS HEALTH  
SCIENCE**

**ICA**

International  
Chiropractors Association

## **ICA FITNESS COUNCIL CELEBRATES 22<sup>nd</sup> ANNUAL SYMPOSIUM ON NATURAL FITNESS & SPORTS**

**JOIN US! ICA's Symposium on Natural Fitness and Sports for 2014 will feature a cavalcade of stars, guest celebrity athletes and leading educators!** The 22<sup>nd</sup> Annual ICA Symposium on Natural Fitness & Sports features up to 20 hours of continuing education in a multi-faceted program, featuring the exciting, star-packed presentations that have made it the highlight of the chiropractic calendar for over two decades.

**Mark your calendars for February 27 through March 1, 2014 and come to the gala program at The Columbus Renaissance Hotel in Columbus, Ohio.** Plan on a full and fantastic weekend of powerful presenters, fitness stars, champion athletes, and innovative, practical chiropractic continuing education offerings. There's no other program on exercise, sports, and chiropractic like the ICA Symposium on Natural Fitness, which features special highlights: **your Symposium registration includes entry to events that weekend offering fitness and fun for all ages at the Arnold Sports Festival - the largest multi-sport fitness weekend in the world!**

This is more than a seminar: the special 22<sup>nd</sup> Annual offerings feature **quality continuing education program sessions and interconnected events.** Registrants in ICA's seminar program held over Thursday, Friday and Saturday also attend special parts of the **Arnold Sports Festival Weekend**, including tickets to the "Arnold, Champions & Legends Sunday Morning Showcase", personally hosted by Governor Schwarzenegger that Sunday morning. ICA Fitness Symposium registrants can again choose between a **Deluxe Package** for the Symposium program (that includes the Arnold, Champions & Legends Sunday Morning Showcase), or a full **VIP Package** including the Arnold Sunday Morning Showcase PLUS front-section, reserved-seat entry to the major Arnold Weekend bodybuilding and fitness competitions Friday & Saturday nights!

The 22<sup>nd</sup> Annual Natural Fitness Symposium's continuing education program is co-sponsored by Life Chiropractic College West, and will present a lineup of renowned faculty dedicated to exercise, fitness training, performance enhancement, and athletic competition in the context of chiropractic care. This dynamic program in fitness and sports chiropractic will feature the combination of energetic presentations on sports case-management settings, practical applications scenarios and celebrity athlete guests which have made the ICA Symposium such a powerful educational event each year. You will also learn from leaders in exercise, sports and chiropractic and enjoy a special series of Symposium celebrity athlete tributes!

**BE THERE! REGISTER TODAY!**

**Visit the Symposium InfoSite through [chiropractic.org/symposium](http://chiropractic.org/symposium) for program details and to register online, or call (800) 423-4690 or (703) 528-5000 (Eastern Time Zone) for program and schedule details, faculty highlights, and registration.**

***JOIN US at the 22<sup>nd</sup> Annual ICA Symposium on Natural Fitness and Sports and be part of this dynamic, multi-faceted weekend that is completely unique in its energy, educational impact, variety, and star power!***

